

## **Copper Canyon Trails Burro Trek Suggested Clothing/Equipment List**

### **Clothing:**

well broken-in leather hiking boots or sturdy trail shoes  
tennis shoes or sandals for camp and water crossings  
1 long-sleeved hiking shirt with collar- non cotton  
2 t-shirts- non cotton  
1 pair hiking long pants- non cotton  
hiking shorts  
swim suit or quick dry nylon shorts  
3 prs hiking socks- wool/synthetic  
underwear  
1 set mid-weight long underwear top and bottom (non-cotton)  
sunhat with wide brim  
1 bandana  
1 rainjacket- lightweight and breathable is advisable  
1 warm jacket- fleece is fine for Mar-Oct.  
warm hat and gloves

### **Equipment and Gear:**

duffle for packing gear, with waterproof liner (trash compacter bag is fine)  
daypack for personal item not on Burros, with a small drybag for river crossings  
midweight sleeping bag - to 32 degrees  
sleeping pad  
2 one liter drinking bottles  
sunscreen, lip balm, insect repellent  
personal toilet items: toothbrush & paste, shampoo....  
personal meds, Motrin or aspirin, knee/elbow brace....  
headlamp or small flashlight with extra batteries  
sunglasses  
hiking or trekking poles  
camp towel or wash cloth

### **Optional:**

cotton or silk sheet sleeping sack  
small pocketknife  
books, field guides  
trail snacks  
camera & extra film or memory card, batteries  
binoculars

### **Additional Gear for BACKPACKING only:**

Everybody should have a compass and whistle, we have maps of the route  
comfortable full suspension backpack: minimum 55 liter/3250 sq inches  
packpacking tent, and footprint  
cup, bowl, fork, spoon

Above all, try to keep it light!