

Copper Canyon Trails Burro Trek Suggested Clothing/Equipment List

Clothing:

well broken-in leather hiking boots or sturdy trail shoes
tennis shoes or water sandals (covered sides) for camp and water crossings
1 long-sleeved hiking shirt with collar- non cotton
2 t-shirts- non cotton
1 pair hiking long pants- non cotton
1 pair hiking shorts OR swim suit OR quick dry nylon shorts
2-3 prs hiking socks- wool/synthetic
underwear
1 set mid-weight long underwear top and bottom (non-cotton)
sunhat with wide, stiff brim
1 bandana
1 rainjacket- lightweight and breathable is advisable
1 warm jacket or sweater- fleece is fine for Mar-Oct.
warm hat and gloves

Equipment and Gear:

dufflebag for packing gear, with waterproof liner (dry bag or trash compacter bag)
daypack for personal gear during hikes
12 - 25 liter/800 - 1500 cubic inch drybag for river crossings
midweight sleeping bag (40 to 32 degrees F/8 - 0 degrees Celsius)
sleeping pad
2 one liter drinking bottles (minimum 2 liter capacity)
sunscreen, lip balm, insect repellent
personal toilet items: toothbrush & paste, shampoo (Biodegradable)....
personal meds, Motrin or aspirin, knee/elbow brace....
headlamp or small flashlight with extra batteries
sunglasses
hiking or trekking poles
camp towel or wash cloth

Optional:

cotton or silk sheet sleeping sack
small pocketknife
books, field guides
trail snacks
camera & extra film or memory card, batteries
binoculars
reading material

Additional Gear for BACKPACKING only:

Everybody should have a compass and whistle, we have maps of the route.
comfortable full suspension backpack: minimum 55 liter/3250 sq inches
packpacking tent, and footprint
cup, bowl, fork, spoon

Above all, try to keep it light! 20 kilos/45 lbs Max.